

COMEGA #35

Spring, 2010: March 19, 20, 21

Daddy



Daddy

Ahh ... to know and experience the perfect daddy. Each man who attends COMEGA has their own story about their daddy and their granddaddys and some have stories of actually being a daddy. We can choose to sit around the fire by the lake and tell stories about the ways our daddys were there for us as boys or we can sit in circles and share how our daddys were not there. We can celebrate our dads for the sperm from which we were formed; without him there would be no us. Or we can curse him for betraying us in our infancy because he didn't know how to be the perfect daddy.

At COMEGA #35 we will:

- 1) take the time to explore our relationship with our fathers.
 - Who was (is) he? What were (are) his strengths and weaknesses being a father?
 - Where did he come from - what was his childhood like? What is his story?
 - When did you begin to understand the importance of his relationship to you and you becoming the man you are today and how has that changed your relationship with him.
- 2) take the time to tell stories about our grandfathers and great grandfathers
- 3) take the time to celebrate the men among us who are fathers and grandfathers and give the space for them to share the stories that live in their hearts
- 4) explore the incredible change from the time of the Great depression when unemployment would destroy men because men were told that money was all they had to contribute to their families; if employment vanished, they saw themselves as worthless. They couldn't become "stay-at-home dads" because that role did not exist. Now the concept of voluntary stay-at-home dads is real and viable. Men are more than just the bread winners in their families.
- 5) explore how we can help and support each other in role of father.
- 6) How do we relate to President Obama's Presidential-Proclamation-Fathers-Day/ "Fathers must help teach right from wrong and instill in their kids the values that sustain them for a lifetime. As they encounter new and challenging experiences, children need guidance and counsel. Fathers need to talk with their kids to help them through difficult times. Parents must also help their children make the right choices by serving as strong role models. Honest and hard-working fathers are an irreplaceable influence upon their children."